

ADAPTED LEISURE ACTIVITIES

Summer 2010 Calendar

All programs are limited in size, so please call or visit the center to save your place.

If you make a cancellation less than 48 hours before the program starts, you are still responsible for any class fees.

♦ Really Special Events ♦

Summer's Here Dance

Time: Sat, June 5, 7-9 p.m.
Place: Douglass Comm Center
Ages: 18 and older
Fee: \$5



Louisville Bats Baseball

Time: Tue, June 22, 6:30-9:30 p.m.
Place: Slugger Field, 401 East Main St
Ages: 18 and older
Fee: \$10

Bats vs. Toledo.

That Seventies Dance

Time: Saturday July 10, 7-9 p.m.
Place: Douglass Comm Center
Ages: 18 and older
Fee: \$5

Come to party like it's 1974!

Louisville Bats Baseball

Time: Wed, July 28, 6:30-9:30 p.m.
Place: Slugger Field
Ages: 18 and older
Fee: \$10

Bats vs. Charlotte.

Remember The Eighties Dance!

Time: Saturday Aug 14, 7-9 p.m.
Place: Douglass Comm Center
Ages: 18 and older
Fee: \$5

Big hair is in again!



Louisville Bats Baseball

Time: Tue, Aug 17, 6:30-9:30 p.m.
Place: Slugger Field
Ages: 18 and older
Fee: \$10

Bats vs. Syracuse.

♦ Arts and Crafts ♦

Decorate a Water Bottle Holder

Time: Thu, June 8, 2-3 p.m.
Place: Douglass Comm Center
Ages: 16 and older
Fee: \$5

Soft Sculpture Self-Portrait

Time: Tue, June 17, 24, 6:30-8 p.m.
Place: Adapted Leisure Building
Ages: 18 and older
Fee: \$8

Weaving With a Loom

Time: Thu, July 15, 22, 29, Aug 5, 6:30-8 p.m.
Place: Adapted Leisure Building
Ages: 18 and older
Fee: \$16

Rain Stick

Time: Tue, Aug 3, 10, 1:30-2:45 p.m.
Place: Adapted Leisure Building
Ages: 18 and older
Fee: \$8

♦ Learning and Special Interest ♦



Coffee Talk Book Club

Time: Tue, June 1, 8, 15, 22, 29, July 1, 8, 15, 22, 29, Aug 10, 17, 24 & 31, 1-2:30 p.m.
Place: Adapted Leisure Building
Fee: Cost of the book

Best Book Club Ever

Time: Mon, June 7, 14, 21, 28, July 12, 19, 26, Aug 2, 9, 16, 1:30-2:45 p.m.
Place: Adapted Leisure Building
Ages: 18 and Over.
Fee: Free!!

Evening at the Mall for Individuals Who Are Blind

Time: Wed, June 23, July 14, Aug 11, 5-8 p.m.
Place: Meet at Jefferson Mall, 4801 Outer Loop
Ages: 18 and older
Fee: \$2

♦ Health and Wellness ♦

Aqua Exercise

Time: Thu, June 3, 10, 17, 24, July 1, 8, 15, 22, 29, Aug 5, 12, 19, 26, 1-2:30 p.m.
Place: Mary T. Meagher Aquatic Center, 201 Reservoir Ave
Ages: 18 and older
Fee: \$26/session or \$2/week

Open Wheelchair Basketball

Time: Thu, June 3, 10, 17, 24, July 1, 8, 15, 22, 29, Aug 5, 12, 19, 26, 6:30-8:30 p.m.
Place: Douglass Comm Center
Ages: 18 and older
Fee: Free!

Played by National Wheelchair Association rules.

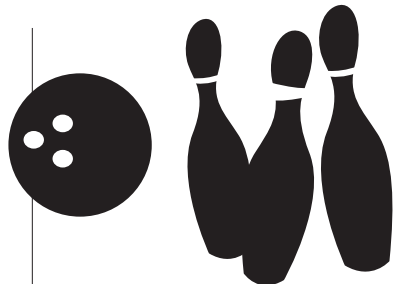


Beginning Wheelchair Basketball

Time: Mon, June 7, 14, 21, 28, July 12, 19, 26, Aug 2, 9, 16, 23, 30, 6-7:30 p.m.
Place: Douglass Comm Center
Ages: 12 and older
Fee: Free!

Fun, Fitness and Games!

Time: Tue, June 8, 15, 29, July 6, 13, Aug 10, 24, 10:30 a.m.-Noon
Place: George Rogers Clark Park Lodge, 1024 Thruston Ave
Ages: 18 and older
Fee: \$1



Stroke Support With Frazier Rehab

Time: Wed, June 16, July 21, Noon-1:30 p.m.
Place: George Rogers Clark Park Lodge
Ages: Open to anyone who has had a stroke, their friends and family
Fee: Free!

♦ Just for Fun ♦

Bowling Fridays

Time: Fri, June 4, 11, 18, July 2, 9, 16, 30, Aug 6, 13, 10 a.m.-Noon
Place: Fern Bowl Lanes
Ages: 18 & Older
Fee: \$45 per session/ \$5 per week

Generation "X" Club

Time: Fri, June 25, July 23, 6:30-8:30 p.m.
Place: Douglass Comm Center
Ages: 18-29
Fee: \$5

Cool activities for a new generation!

Grab Bag Night!

Time: Thu, June 10, July 8, Aug 12, 6:30-8:30 p.m.
Place: Douglass Comm Center
Ages: 18 and older
Fee: \$1

Music, drama, games and more!

Pizza and a Movie

Time: Wed, June 30, July 21, Aug 18, 6:15-9 p.m.
Place: Douglass Comm Center
Ages: 18 and older
Fee: \$5

Call 456-8148 For Reservations and Movie Updates!



METRO Parks
www.metro-parks.org



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Summer 2010 Calendar

Jerry E. Abramson, Mayor
Louisville Metro Council

METRO
Parks
www.metro-parks.org



phone • 502/456-8148
email • aleisure@louisvilleky.gov

Adapted Leisure Activities
2305 Douglass Boulevard #3
Louisville KY 40205

The programs and activities in this calendar are offered through the Metro Parks Adapted Leisure Activities Program. Adapted Leisure Activities offers recreational opportunities for individuals with mental and/or physical disabilities, their friends and families. Adapted Leisure also offers programs specifically designed for youths with and without disabilities.

Attention!

Payment for programs (by check or money order) is requested in advance.

Registration is required for all programs.

For more information or to preregister, please call 456-8148.

Adapted Leisure Activities
2305 Douglass Boulevard #3
Louisville Kentucky 40205
Monday-Friday 8:30 a.m.-5 p.m.

voice • 502/456-8148

TDD • 502/456-8183

fax • 502/456-8143

e-mail • aleisure@louisvilleky.gov

Mike Heitz
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Adapted Leisure Activities

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